

Daily Learning Planner

*Ideas parents can use to help students
prepare for school.*

Mobridge - Pollock Middle School

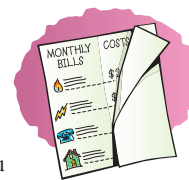


THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- ☐ 1. Help your child color code materials for each of her classes. Give her different colored folders for each class and use matching book covers, if possible.
- ☐ 2. When disciplining your child, choose consequences that teach rather than punish.
- ☐ 3. Help your child choose a daily starting time for homework.
- ☐ 4. Sit down with your child. List goals for the school year—a few for your child and a few for you.
- ☐ 5. Give your child plenty of free time for reading.
- ☐ 6. Think of synonyms with your child, such as *walk/stroll* and *stop/halt*.
- ☐ 7. Offer your middle schooler options for chores. Let him pick one of three choices.
- ☐ 8. It's International Literacy Day. Head to the library with your child.
- ☐ 9. Encourage your child to write a letter to a relative.
- ☐ 10. Celebrate Grandparent's Day by doing something kind for an elderly person.
- ☐ 11. Talk about your child's summer. Can she name three things she learned?
- ☐ 12. Plan a "TV free" day. Read, play games and tell stories instead of watching TV.
- ☐ 13. Look through the Farmer's Almanac with your child. Discuss ways you both might benefit from the information it provides.
- ☐ 14. Have your child start an anger diary. How does he handle anger? How can he improve?
- ☐ 15. Have a "stay-up-late" night. Let your child stay up as late as she wants, as long as she's reading.
- ☐ 16. Start a project with your child, such as building a model.
- ☐ 17. Work on a crossword puzzle with your child.
- ☐ 18. Do a one-on-one activity with your child, such as going out to breakfast before school.
- ☐ 19. Teach your child a useful new skill, such as how to do laundry.
- ☐ 20. Have your child write to a lawmaker about an issue he cares about.
- ☐ 21. Have your child tell you about one of her teachers.
- ☐ 22. Make an appointment to meet that teacher.
- ☐ 23. Help your child make a budget.
- ☐ 24. Go for a walk with your child.
- ☐ 25. Work together to create a family flag.
- ☐ 26. Do some research on drug abuse. Make sure you and your child have the latest facts.
- ☐ 27. Choose a recipe with your child. Shop for ingredients, cook and enjoy the results together.
- ☐ 28. Honor Good Neighbor Day by doing a good deed for someone, like a neighbor or a teacher.
- ☐ 29. Put photos in an album with your child.
- ☐ 30. Plan a fun family activity, such as making pizza or playing miniature golf.



Helping Students Learn®
Tips Families Can Use to Help Students Do Better in School

MIDDLE SCHOOL